

# WOMEN'S RECOVERY PROGRAMS



## Find help, healing, and hope beyond addiction

Our faith-based Women's Recovery Programs help women and their children who are experiencing cycles of abuse and addiction to break free from harmful behaviors and relationships through the gospel of Jesus Christ.

Women's Recovery Program services include:

- Free faith-based, residential recovery and discipleship program for up to one year
- Employment and housing assistance
- Opportunity to finish high school or earn a GED
- One-on-one case management
- Mental Health Counseling
- Community Bible studies
- Educational opportunities
- Free legal and dental services
- Health and fitness coaching





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Locations in South Seattle and Kent

[ugm.org](http://ugm.org)



### Do I need to be a Christian in order to join?

You do not have to be a Christian to join our recovery program, however, our program does require attendance at Bible studies and church.

### What help do I get after the program?

Our counselors will help you establish a continuing care plan, which may include help with:

- Employment and housing assistance
- Access to furniture for your new residence
- Follow-up aftercare and support
- Internship and continuing education opportunities

### Caring for children

We offer meals, shelter, basic necessities, counseling, tutoring, Bible studies, and summer camps for children up to 18 years old. Through our long-term recovery program, many women become eligible to regain custody of their children.

### Smoking policy

Smoking, vaping, and the use of tobacco products are prohibited in Mission buildings. However, some locations have designated smoking areas.

**To start the intake process, or learn more:**  
**Get in touch with us at (206) 501-HELP**  
**or [gethelp@ugm.org](mailto:gethelp@ugm.org)**